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## Parent Lending Library

*Please note: Some titles appear in more than one category.*

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To request a title from our school library or to inquiry about a book please email our school Vice-Principal/Librarian at [Sue.Ehgoetz@dsbn.edu.on.ca](mailto:Sue.Ehgoetz@dsbn.edu.on.ca)

### General parenting and families:

- 101 Things You Should Do Before Your Kids Leave Home by David Bordon & Tom Winters
- Living Simply with children: A voluntary simplicity guide for moms, dads, and kids who want to reclaim the bliss of childhood and the joy of parenting by Marie Sherlock
- Last Child in the woods by Richard Louv

### Positive Discipline:

- Raise your kids without raising your voice by Sarah Radcliffe
- Above all be kind: Raising a Humane Child in Challenging Times by Zoe Weil
- Explosive Child by Ross W. Greene

### Bullying and Teasing:

- Jay McGraw's Life strategies for dealing with bullies by Jay McGraw, et al.
- Girl Wars: 12 strategies that will end female bullying by Cheryl Dellasega & Charisse Nixon
- Queen Bees and Wannabees: Helping your daughter survive cliques, gossip, boyfriends, and other realities of adolescence by Rosalind Wiseman
- Reviving Ophelia by Mary Pipher
- Girls will be girls by Joann Deak

### Adoption:

#### For kids:

- My adopted child, there's no one like you by Kevin Leman
- I wished for you: An adoption story by Marianne Richmond
- Tell me again about the night I was born by Jamie Lee Curtis & Laura Cornell

#### For parents:

- Raising adopted children by Lois Melina

### Children with Exceptionalities:

#### For kids:

- What to do when you worry too much: A kid's guide to overcoming anxiety by Huebner
- Freaks, Geeks and Asperger syndrome by Luke Jackson

#### For parents:

- Autism Spectrum Disorders by by Kira Sicile

- Freeing your child from anxiety: Powerful, practical solutions to overcome your child's fears, worries, and phobias by Tamar Chansky
- Ten things every child with autism wishes you knew by Ellen Notbohm
- Explosive Child by Ross W. Greene
- Overcoming school anxiety: How to help your child deal with separation, tests, homework, bullies, math phobia and other worries by Diane Peters Mayer

### Teen Issues:

- Parenting Teens with Love and Logic: Preparing Adolescents for Responsible Adulthood by Foster Cline & Jim Fay
- Cyber-Safe kids, Cyber-savvy teens: Helping young people learn to use the internet safely and responsibly by Nancy E. Willard
- Reality Gap: Alcohol, drugs, and sex - What parents don't know and teens aren't telling by Stephen Wallace

### Death and Grieving:

#### For kids:

- Help me say goodbye: Activities for helping kids cope when a special person dies by Silverman
- I miss you: A first look at death by Pat Thomas & Leslie Harker
- Gentle willow
- Lifetimes by Bryan Mellonie
- I'll always love you by Hans Wilhelm

### Families:

#### For kids:

- And Tango makes three by Justin Richardson, et al.
- The Family book by Todd Parr

#### For parents:

- Families like mine by Abigail Garner (*for children with same sex parents*)

### Gender Issues

#### Girls:

- Queen Bees and Wannabees: Helping your daughter survive cliques, gossip, boyfriends, and other realities of adolescence by Rosalind Wiseman
- Reviving Ophelia by Mary Pipher
- Girls will be girls by Joann Deak

#### Boys:

- Raising Cain, protecting the emotional life of boys by Dan Kindlon & Michael Thompson
- Raising boys (2<sup>nd</sup> ed.) by Steve Biddulph
- Raising a son by Don Elium

#### Unisex:

- Why Gender Matters: What parents and teachers need to know about the emerging science of sex differences by Leonard Sax (*2 copies*)

#### Healthy eating and cooking:

- Lunch boxes and snacks: Over 120 healthy recipes from delicious sandwiches and salads to hot soups and sweet treats by Annabel Karmel
- The Fussy Eaters' recipe book: 135 quick, tasty and healthy recipes that your kids will actually eat by Annabel Karmel
- The Sneaky Chef by Missy Chase Lapine
- The Eat-Clean for family and kids: Simple strategies for lasting health and fitness by Tosca Reno

#### Family Fun and activities:

- Playful parenting by Lawrence J. Cohen
- I love dirt: 52 activities to help you and your kids discover the wonder of nature by Richard Louv, et al.
- Nature in a nutshell for kids: Over 100 activities you can do in ten minutes or less by Jean Potter
- Science in seconds for kids: Over 100 experiments you can do in ten minutes or less by Jean Potter
- Cooking art by MaryAnn F. Kohl, et al.
- Mudworks by MaryAnn F. Kohl
- The creative family: How to encourage imagination and nurture family connections by Amanda Blake Soule
- The adventurous book of outdoor games: Classic fun for daring boys and girls by Scott Strother

#### Substance Abuse (awareness and prevention):

- Reality Gap: Alcohol, drugs, and sex - What parents don't know and teens aren't telling by Stephen Wallace

#### Divorce and Separation:

##### For parents:

- The Co-Parenting Survival Guide: Letting Go of Conflict After a Hostile Divorce by E. Thayer & J. Zimmerman
- Difficult questions kids are afraid to ask about divorce by Meg F. Schneider & Joan Zuckerberg

##### For kids:

- Two Homes by Claire Masurel & Kady Macdonald Denton
- Was it the chocolate pudding: A Story for little kids about divorce by Levins
- I don't want to talk about it by Ransom
- Dinosaurs divorce by Marc Brown & Laurie Krasney Brown

- Mama and Daddy Bear's divorce by Spelman

### Physical development and sexuality:

For kids:

- Your body belongs to you by Spelman
- The period book: Everything you want to know but are afraid to ask by Karen Gravelle (*for girls*)
- What's going on down there by Karen Gravelle (*for boys*)
- It's perfectly normal: Changing bodies, growing up, sex, and sexual health by Robie H. Harris & Michael Emberley
- It's so amazing!: A Book about Eggs, Sperm, Birth, Babies, and Families by Robie H. Harris & Michael Emberley
- It's not the stork: A book about girls, boys, babies, bodies, families and friends by Robie H. Harris & Michael Emberley

### Academic support:

- Reading magic: Why reading aloud to our children will change their lives forever by Mem Fox & Judy Horacek
- Read Aloud Handbook by Jim Trelease

### Emotional and Moral Intelligence:

- Parents do make a difference: How to raise kids with solid character, strong minds, and caring hearts by Michelle Borba
- Building Moral Intelligence: The Seven Essential Virtues that teach kids to do the right thing by Dr. Michele Borba
- Me to We: Turning Self-Help on its head by Marc and Craig Keilburger (*2 copies*)

### Single parenting:

- Single parenting for dummies by Marion Peterson & Diane Warner